

Summary—Praying with others can be uncomfortable at first! Have you ever tried to have a conversation with someone who went on and on and never let you say a word? Or have you ever spoken with someone who just said yes or no? Learning how to pray in agreement is a skill that will make praying aloud less intimidating.

Supplies needed_None

Instructions—Have the Troop split into groups of two or three. Read them this verse from Acts 1:14:

All these with one accord were devoting themselves to prayer, together with the women and Mary the mother of Jesus, and his brothers. Acts 1:14 (ESV)

Explain to the Troop that praying in agreement (one accord) is the same as having a conversation together with God.

To practice this have them go through the four steps of prayer in their groups. For example, the leader could begin by saying, "Father, we praise you that you are the wonderful Creator."

Then, one girl would agree and add a sentence or two prayer of their own. "Yes, God, I praise you for making all the beautiful things we see with our eyes." The next girl could say, "The things we see help us to know You more. We can know that You like beauty because You make beautiful things." And so on. It's like building a prayer together brick by brick. It takes a little practice for this to feel natural, but soon, your Troop should really enjoy praying in this way, taking turns and exploring prayer together.

Leaders can help transition into another aspect of prayer by saying something like, "And now move on to Thanksgiving within your group" or by simply beginning the next step.

4 Steps of Prayer

Praise
Confess
Thanksgiving
Intercession