**Abba**

**Father**

*Abba* is the Aramaic word meaning “Father”. It is used by a child toward their father. It communicates depth in the relationship and respect.

**Psalm 68:4-5; John 1:12-13; Galatians 4:6-7**

What are characteristics of a good father?

If someone doesn’t have a good relationship with their earthly father, or have one at all, why is it good news that they have a heavenly Father?

© 2018 Moms in Prayer International. All rights reserved.

---

**Omnipotent**

**All Powerful**

*Omnipotent* is a word that is strictly used in reference to God’s power. It comes from two Latin words, *omnis*—meaning “all” and *potens* which means “to be able.” It means having unlimited power and authority.

**Psalm 147:5; Jeremiah 32:17; Matthew 19:26**

What’s one situation you are powerless to change?

How does knowing that God is all powerful change your perspective about that situation?

© 2018 Moms in Prayer International. All rights reserved.

---

**Omniscient**

**All Knowing**

*Omniscient* is a word that is strictly used with the divine. It comes from two Latin words, *omnis* meaning “all” and *scient* which means “knowing”. God is the only one who has infinite knowledge and who knows all things.

**Psalm 139:1-6; Psalm 147:5; Matthew 6:8**

It is both comforting and unnerving that God knows everything about you. Describe why?

What’s one area of life that it’s comforting to know God knows all about it?

© 2018 Moms in Prayer International. All rights reserved.

---

**Immutable**

**Unchanging**

*Immutable* is a Latin word that means that something is never changing or varying over time, or that it does not age.

**Numbers 23:19; Psalm 33:11; James 1:17**

How would life be different if you knew that God could change His mind about loving you?

What is one characteristic of God you are glad will never change?

© 2018 Moms in Prayer International. All rights reserved.
**El Shaddai**

**Almighty**

*El Shaddai* means the “All-Sufficient One” in Hebrew, the language of the Old Testament. It is a name you can call God. The name means God can completely supply the needs of his people.

*Genesis 17:1; Ephesians 1:19-21; Revelation 1:8*

There is no ruler stronger than God. Is the world convinced of this?

How should people respond to knowing there is no one more powerful than God?

© 2018 Moms in Prayer International.
All rights reserved.

---

**Philos**

**Friend**

*Philos* is a Greek word for a friendship relationship with someone dearly loved, dear and kind.

*Isaiah 41: 8-10; John 15:12-15; James 2:23*

What special privileges come with friendship?

What does it take to grow a friendship?

© 2018 Moms in Prayer International.
All rights reserved.

---

**El Olam**

**Everlasting**

*El Olam* is a Hebrew name for “God”. It comes from two words, *El*—meaning God and *Olam* which means “eternity” or “forever”.

*Genesis 21:33; Psalm 102:11-12; Hebrews 13:8*

Shoes and iPhones will wear out. What assurance does it give us that God will never wear out or age?

God always has been and always will be. How is that different than us? And why does it matter?

© 2018 Moms in Prayer International.
All rights reserved.

---

**El Roi**

**The God Who Sees Me**

*El Roi* is a name used by Hagar toward God when He saw her suffering. It comes from two Hebrew words El—meaning “God” and ra’ah which means “suffering”.

*Genesis 16:13; 2 Chronicles 16:9; Proverbs 5:21*

In times of distress or trouble, why is it important that God sees you?

What accountability comes with knowing that God always sees?

© 2018 Moms in Prayer International.
All rights reserved.
Omnipresent Everywhere

**Omnipresent** is a Latin word composed of two words, **omni** meaning “all” and **praesens** which means “present”. God is present at all places at all times.

**Psalm 139:5-12; Jeremiah 23:24; Matthew 28:20**

Have you ever tried to run from God? How did that turn out?

What if God was only in one place? How would that change our relationship with Him?

© 2018 Moms in Prayer International. All rights reserved.

Elohim Creator

**Elohim** is the Hebrew name that Scripture uses to address God in Genesis 1:1. He is the all-powerful Creator with limitless creativity. Many scholars believe Elohim is a blending of the words “God,” “strong”, and “fear”. This is the kind of fear that helps us to obey.

**Genesis 1:1; Psalm 146:5-6; Colossians 1:15-19**

What’s one of your favorite things that God has made? And how do you see His creativity in it?

What difference does it make knowing that God made everything?

© 2018 Moms in Prayer International. All rights reserved.

Jehovah Nissi The LORD My Banner

**Jehovah Nissi** is a Hebrew name for God. It comes from two Hebrew words, **Jehovah**—meaning “LORD”, and **Ness** which means “banner”. During wartimes, soldiers would put a flag or banner in the front line of their army to give courage to the warriors and to represent victory.

**Exodus 17:15-16a; Psalm 60:4; Isaiah 11:10**

People cheer for a lot of different things. If there was a banner for what you care about the most today, what would it say? How can your life be a representation of who God is?

© 2018 Moms in Prayer International. All rights reserved.

Immanuel God with Us

**Immanuel** is a Hebrew title for **Jesus** meaning “with us is God.” It began in an Old Testament prophecy in Isaiah 7:14, but the Jewish people had to wait several hundred years before God would come in the flesh in the person of Jesus to dwell with us.

**Isaiah 7:14; Matthew 1:22-23; Matthew 28:19-20**

God became a man in Jesus. How does that make Him better relate to us?

What would have happened if He had not come?

© 2018 Moms in Prayer International. All rights reserved.
**Jehovah Shalom**

**Peace**

_Jehovah Shalom_ is the Hebrew name for God that comes from two words, _Jehovah_—meaning “LORD” and _Shalom_ which means “peace”. Jesus is called our Prince of Peace.

_ Isaiah 9:6; Isaiah 26: 3-4; John 14:27_

When do you feel anxiety and stress?
What situations do you need Jesus to bring peace into today?

© 2018 Moms in Prayer International
All rights reserved.

---

**Elohay Mishpat**

**Just**

_Elohay Mishpat_ comes from the Hebrew words for God—_Elohay_, and also the word _Mishpat_ which means “justice” and “right judgement”.

_ Psalm 9:7-8: Isaiah 30:18; John 5:30_

Do we always see justice on earth?
How does it comfort you knowing that God will bring justice to everything?

© 2018 Moms in Prayer International
All rights reserved.

---

**Wise**

_Wise_

Wisdom goes past knowing what is right, it knows how to apply it correctly to the situation it is in. It uses discernment, always asking what is best, and making right choices accordingly.

_ Psalm 147:5, Proverbs 2:6, Isaiah 55:8-9_

Why it is important that powerful God is wise?
Does our world celebrate wisdom?

© 2018 Moms in Prayer International
All rights reserved.

---

**Jehovah Jireh**

**Provider**

_Jehovah Jireh_ is the Hebrew name for God that describes God’s capability and willingness to meet every need of his people.

_ Genesis 22:8,13-14; Romans 8:32; 2 Corinthians 9:8_

When have you needed something and been unable to get it?
What kinds of things does God provide?

© 2018 Moms in Prayer International
All rights reserved.
**Jehovah Elemet**

**Truth**

*Jehovah Elemet* comes from three Hebrew words, *Jehovah*—meaning "LORD", *El*—meaning "God", and *emet* which means "firmness and faithfulness". It refers to God as being trustworthy and true.

*Psalm 31:5; John 8:31-32; John 16:13*

How does lying break relationship?

How does knowing God is truth help you to trust Him?

---

**Holy**

Holiness means spiritually perfect or pure; sinless; deserving awe and reverence.

*Exodus 15:11; Zephaniah 3:5; 1 Peter 1:15-16*

Holy means sinless. Why is it good news that God is perfect and without sin?

Are you sinless? And why can we be grateful for Jesus?

---

**Jehovah Raah**

**Good Shepherd**

*Jehovah* is the Hebrew word for "LORD" and *Ra’ah* can be translated "companion" and "friend". In the context of God’s care for us it means He cares for our well-being.

*Psalm 23; Isaiah 40:11; John 10:11, 14-17*

How does a good shepherd care for his sheep?

In what ways does God shepherd His people?

---

**Good**

Goodness refers to excellence, uprightness, and virtuous in every way.

*Psalm 25:8; Psalm 86:5; Psalm 136:1*

If God is always good, what should that mean when we are fearful?

When is it the hardest to trust God’s goodness?