



Girls in Prayer Patch Leader's Guide

A great big “Hello” to American Heritage Girls Leaders! We want to honor you and thank you for building into the next generation for the glory of God. We are excited that you have chosen to focus on prayer with your Troop and hope that you find this patch to be spiritually enriching and even life-changing. At Moms in Prayer, we have found that women who pray together stick together and that friendships are driven even deeper as we learn to pray specifically and strategically. We've built a patch program that is full of creative and engaging activities and we'd love to hear and see how they've gone!

A Brief Explanation

The core of the Prayer Patch is built around three elements:

The Pajamas and Pancakes Prayer Party is a kickoff party for your Troop's prayer focus. With an easy to follow teaching script, a supply list, and a fun take home craft, this will be a great introduction to praying with others and building a hearty personal prayer life.

The Four Step Prayer Cards will be used as a prompt during the week to help them remember and apply the lessons they learned at the pajama party. With a scripture to tuck in their hearts on the front and prompts on the back, these cards will add depth to the girls' prayer lives by showing them how to pray. These easily printable prayer cards are so fun, we know girls will want to use them into the future!

Prayer Study Booklets are cool, age-appropriate Bible studies that will help build a biblical understanding of what prayer is and why we should do it. This free, printable resource includes games and open-ended questions that would be terrific for discussion.

Then, you may choose from the following additional activities (See *Prayer Patch Requirements* for additional details about age appropriate activities and requirements.)

Jelly Bean Prayer uses a simple bag of jelly beans to help your Troop have a creative prayer meeting. Each color represents a different type of prayer and may be the highlight of your prayer patch.

Family Prayer Request Boxes uses craft boxes, shoe boxes or any container to make a box that allows your girls to begin praying for their families. The printable prayer slips will make taking the requests and recording them in their prayer journals a meaningful activity.

Thanksgiving Tree is a creative project that helps your Troop focus on prayers of thankfulness. James 1:17 tells us that every good gift comes from God. Gather a few branches and print these leaf cutouts and watch gratitude overflow from your girls.

Mail a Scripture Prayer Note is an encouraging card or note mailed to a friend. The note will include a verse from the Bible that each girl is praying for her friend. Be creative and have fun decorating your note or card. Remember to include the verse!

Prayer Walking is a fun way to cover a lot of ground in prayer, literally. Help your girls learn to pray with their eyes wide open and to consider the specific needs in their community.

Troop Glory Bowl will be a night to remember! The Bible has hundreds of names for God and using Scripture your girls will teach each other why He deserves much glory. This activity will be a great time of interaction and praise.

Prayer Postures People in the Bible prayed in all kinds of different ways, not simply with their heads bowed. Using the Psalms, explore as a group all the different prayer postures described and be amazed as prayer becomes active and engaging!

George Mueller Biography George was a man who believed that God was listening when He prayed and whose ministry changed the lives of thousands of children in Europe. You and your girls are going to love his story and be encouraged to pray boldly for your needs and the needs of others.

Agreement Prayer It's time to learn how to pray conversationally with others. Have you ever tried to have a conversation with someone who went on and on and never let you say a word? Or have you ever spoken with someone who just said yes or no? Discover how praying with others is a skill that can be learned!

Who's on Your Mat Bookmarks will be a fun craft developed from Mark 2. Friends have a special responsibility to carry each other to Jesus, especially when one of them doesn't know Him.

Printable handouts for each of these activities can be downloaded as pdfs from the Moms in Prayer International website: MomsInPrayer.org/GirlsInPrayer