Girls in Prayer
Patch Requirements

**Tenderhearts** (6-9 years old)—Prayer Patch Requirements

1. Four Steps Prayer Cards
2. Study
3. Pajamas & Pancakes (or Popcorn) Prayer Party as a Troop

Pick two of the following:
- Jelly Bean Prayers
- Family Prayer Request Box
- Thanksgiving Tree

**Explorers** (Ages 9-12 years old)—Prayer Patch Requirements

1. Four Steps Prayer Cards
2. Study
3. Pajamas & Pancakes (or Popcorn) Prayer Party as a Troop

Pick three of the following:
- Jelly Bean Prayers
- Family Prayer Request Box
- Thanksgiving Tree
- Mail a scripture prayer note
- Take a prayer walk (around school or neighborhood)
- Troop Glory Bowl
- Prayer Postures—stand, kneel, lay down, hands raised

**Pioneers & Patriots** (Ages 12 and up)—Prayer Patch Requirements

1. Four Steps Prayer Cards
2. Study
3. Pajamas & Pancakes (or Popcorn) Prayer Party as a Troop

Pick five of the following:
- Family or Locker Prayer Request Box
- Thanksgiving Tree
- Mail a Scripture Prayer Note
- Take a Prayer Walk (around school or neighborhood)
- Troop Glory Bowl
- Prayer Postures (standing, knees, laying down, hands raised)
- Read or listen to a George Mueller Biography (YWAM publishing)
- Agreement Prayer
- “Who Is on Your Mat?” Bookmarks

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