Prayer

Find the words that relate to prayer in the wordsearch—use the Word Bank below for help.

Word Bank

Power       Truth
Praise      Singing
Comfort     Asking
Prayer      God
Worship     Aloud

Girls in Prayer Patch
Learning How to Pray
American Heritage Girls Tenderhearts

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Always keep praying!

Read 1 Thessalonians 5:17. We are told to always be praying, but how can you spend an entire day focused on prayer? What would a day spent talking with God look like for a Tenderheart girl?

Prayer is talking with God while walking with God.
Follow the trail and fill in the missing words using the prayer word bank to spend a day talking with the Lord.

**WORD BANK**
table  bed  sorry  help  Share  friend  radio

**In the morning ...**
When you get out of ________, begin by thanking God for a new day to love Him and get to know Him more. Lamentations 3:23 tells us that every new morning there is strength from God for that day.

If you fight with your brother, sister, parents or friends, confess (tell God) that you were wrong and that you are _________. Then, thank Him for forgiveness.

**In the car ...** sing along with the ________. Praise songs remind you of how great God is and PRAISE is prayer!

Praying for Others
Sometimes we don’t know how to pray for others, but God gives us the words—His Word!

In the examples below, write in the name of someone you know in the blank and pray the prayer out loud for them.

1. **Someone who doesn’t know Jesus**
God, may ________ declare with his/her mouth, “Jesus is Lord,” and believe in his/her heart that God raised Jesus from the dead, and ________ will be saved.
(From Romans 10:9)

2. **Someone who is a good friend**
Father, you gave us friends because two are better than one. Thank You for ________ who helps me up when I’m down.
(From Ecclesiastes 4:9-10)

3. **Someone who is a leader**
Lord, You put every leader in place, You gave ________ his/her job. Let ________ focus on You today and give me a heart to respect and support him/her.
(From Romans 13)

4. **Someone you consider an enemy**
God, I’m listening. Help me to love ________, and do good even when he/she hates me and treats me mean. I choose to love ________ and pray for him/her.
(From Luke 6:27-28)
The Praying Shepherd King
Long before David was king over Israel, he was a small, shepherd boy. His days were filled with taking care of sheep, protecting them from enemies and walking the quiet hills of home.

It was in this quiet time that David learned about prayer and talking to his God. David wrote many songs and prayers to the Lord that help us understand God better.

**UNDERLINE things in David’s prayer that he could have learned while he was a small shepherd boy.**

1. The Lord is my shepherd, I lack nothing.
2. He makes me lie down in green pastures, he leads me beside quiet waters,
3. he refreshes my soul.
   He guides me along the right paths for his name’s sake.
4. Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me.
5. You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows.
6. Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the LORD forever.

Psalm 23 (NIV)

Talking with God is just like talking with a person, except ...
He is EVERYWHERE. He is ALWAYS WITH YOU.
He is always PAYING ATTENTION.

**In school ...**
When you don’t understand or are taking a difficult test, pray quietly and ask God for _______ remembering what you learned.

**At lunch ...**
Thank God for your food and for the friends or family sitting at your _______. Ask Him to bless those friends and give you a chance to introduce them to Jesus!

**When you see your friend** after they have been sick, thank God that your _______ is healthy again! Healing comes from God.

**At your AHG meeting ...**
_______ prayer requests with your Troop and remember to pray for these needs when you get home.
**Time with the King**

Our God is called the King of the Ages. It’s hard to imagine spending time with a king. The prophet Isaiah spent time in the throne room of God in Isaiah 6:1-7. While he was there he was amazed by the beauty of God and the holiness of God. He was certain he did not belong there. Spending time with the Mighty King made Isaiah feel small and unworthy.

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**Given Permission**

There are places in this world that we are not allowed to go. This could be like the teacher’s lounge at school, or even the President’s office in the White House. In order to enter, you must have the right to be in that place or be invited by someone who has authority. If you don’t have permission to enter, you have to keep out!

When we pray, we come before God who is the most powerful Being in the universe. Not just anyone can enter into the place where He is or ask Him for whatever we wish. Jesus tells us that because we have a relationship with Him, we can go before God the Father and ask Him anything in the name of Jesus.

Read John 15:12-17 and fill in the blanks using the letters r, d, o, and n.

Jesus’ friends ___bey Him. (v.14)
Jesus calls us his f___ien__s. (v.15)
The Father will answer our prayers that we ask in Jesus’ ___ame. (v.16)

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**We don’t have to be afraid to come before Him.**

“Let us then approach God’s throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.” Hebrews 4:16 (NIV)

How would you walk in before the President? Would you be nervous? Hebrews tells us that we can talk to God, who sits on His throne, confidently, without fear, and expect that He is listening and will help us. Pray right now and thank Jesus that because He is our Friend, we can talk to God without being afraid!