



Girls in Prayer

Jelly Bean Prayers

Summary—**Jelly Bean prayers** is a simple way to introduce different types of prayer in a fun and yummy way! Using only a bag of jelly beans, your group will explore several types of prayer prompts and begin praying together in an exciting, easy to follow format.

Supplies needed

- 1 bag of jelly beans

Instructions

Pour each girl a small bowl of jelly beans. Divide girls into groups of 4-6 (preferably with a Leader in each group). Then have each girl take a turn picking a jelly bean out of her bowl and pray a quick prayer following the color coded guide below. To make sure we know we are talking to God when we pray, have one girl (or the Leader) open and close this time of prayer.



These colors are based on a bag of regular Brach's Jelly Beans. Feel free to adapt to other brands and flavors.



Red—Praise the LORD (Psalm 150:1, Hebrews 13:15)



Yellow—Pray for someone in leadership (1 Timothy 2:1-2)



Orange—Say thank you or pray your gratitude (1 Thessalonians 5:18, Philippians 4:6, Ephesians 5:20)



Pink—Pray for someone you love (Ephesians 6:18)



Purple—Pray for someone who needs Christ (Luke 10:2, Romans 10:1)



Green—Pray a personal request (1 Peter 5:7, Mark 11:24)



White—Pray for someone who is hard to get along with (Matthew 5:44, Luke 6:27-28)

Remind your girls that God enjoys hearing from us, and although we may feel shy, learning to pray out loud with others isn't hard. It's simply talking to the Father. If a girl is very hesitant, it's okay to let her pray in her heart. Sometimes we learn by listening to others pray.

Other prayer options to use for colors are: someone in financial need, another country with a need, healing, missionaries and other Christians.