Sing
Sing a new song to the LORD.
All you people of the earth,
sing to the LORD.
Psalm 96:1 (NIRV)

Stand
My feet stand on level ground.
In the whole community
I will praise the Lord.
Psalm 16:12 (NIRV)

Speak
Lord, open my lips
so that I can speak.
Then my mouth will praise you.
Psalm 51:15 (NIRV)

Kneel
Come, let us bow down
and worship him.
Let us fall on our knees
in front of the LORD our Maker.
Psalm 95:6 (NIRV)

Lift Up
Lift up your hands in the temple
and praise the LORD.
Psalm 134:2 (NIRV)

Look Up
I look up and pray to you.
Your throne is in heaven.
Psalm 123:1 (NIRV)

Together
How good and pleasant it is
when God’s people live together
in peace!
Psalm 133:1 (NIRV)

Face Down
I am bent over.
I’ve been brought very low.
All day long I go around weeping.
Psalm 38:6 (NIRV)