Girls in Prayer
Program Requirements

Early Elementary (6-9 years old)—Requirements
1. Four Steps Prayer Cards  
2. Study  
3. Pajamas & Pancakes (or Popcorn) Prayer Party as a group

Pick two of the following:
- Jelly Bean Prayers
- Family Prayer Request Box
- Thanksgiving Tree

Late Elementary (Ages 9-12 years old)—Requirements
1. Four Steps Prayer Cards  
2. Study  
3. Pajamas & Pancakes (or Popcorn) Prayer Party as a group

Pick three of the following:
- Jelly Bean Prayers
- Family Prayer Request Box
- Thanksgiving Tree
- Mail a scripture prayer note
- Take a prayer walk (around school or neighborhood)
- Group Glory Bowl
- Prayer Postures—stand, kneel, lay down, hands raised

Tweens & Teens (Ages 12 and up)—Requirements
1. Four Steps Prayer Cards  
2. Study  
3. Pajamas & Pancakes (or Popcorn) Prayer Party as a group

Pick five of the following:
- Family or Locker Prayer Request Box
- Thanksgiving Tree
- Mail a Scripture Prayer Note
- Take a Prayer Walk (around school or neighborhood)
- Group Glory Bowl
- Prayer Postures (standing, knees, laying down, hands raised)
- Read or listen to a George Mueller Biography (YWAM publishing)
- Agreement Prayer
- “Who Is on Your Mat?” Bookmarks

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