Girls in Prayer

Thanksgiving Tree

Summary—The comfort that fills our hearts when we turn our eyes to the Lord in thanksgiving is transformational. The Thanksgiving Tree is an activity to visualize and purposefully identify our thankfulness to God.

Supplies needed

- Wooden branches, garland or paper
- Copies of the leaves template
- Crayons, markers or fun pens

Instructions

Psalm 9:1 (NIRV) says,

LORD, I will give thanks to you with all my heart. I will tell about all the wonderful things you have done.

Make a garland or head to the woods for a scraggily branch or draw a simple tree on a piece of construction paper. Then print the leaves template and cut out a pile of leaves. On each one, write something you are thankful to God for or a good gift He has given to you.

Other Information and Tips

Encourage girls to think outside of the easy answers. The following are some suggestions to help your group think of other areas of thankfulness:

- People that have helped you become stronger
- Protection God has given you
- Family members that drive you crazy
- Privileges of living in America
- Hard things God has brought you through
- Healing or good health for you and family
- Promises He has given us in His Word
- Jesus giving His life for us, the Holy Spirit helping us
- Any way you see God working today or this week

You can also have your group share their leaves at the end, if time allows!