



Girls in Prayer

"Who's on Your Mat?" Bookmark

Summary—**Who's on Your Mat Bookmarks** will be a fun craft developed from Mark 2. Friends have a special responsibility to carry each other to Jesus, especially when one of them doesn't know Him.

Supplies needed—Supplies will depend on how you want to develop your bookmark

Laminated, printed bookmarks

- Laminator pouches (thermal or self sealing depending on your resources)
- Printed copies of the bookmark handout (see page 2)
- Crayons, markers, colored pencils

Felt or other material bookmarks

- Felt or other material
- Fabric markers
- Strings/fringe/Bedazzle jewels/ Stickers
- Hot glue

For the activity—A blanket or tarp

Instructions—Begin the activity by reading aloud Mark 2:1-12 and have members of the group act out the miracle. Ask the girls questions about the passage:

- What made this miracle special?
- What steps did the paralyzed man's friends take to help him see Jesus?
- What did Jesus think was the paralyzed man's greatest need?

Help the group understand the metaphor that we have the opportunity to carry our friends to Jesus as well. Through prayer, we can lovingly carry our friends, teachers, leaders, and even our enemies to Christ through prayer.

Then have each girl choose one person she would like to remember to carry to Jesus in prayer. She can write that name on the bookmark, and put it right into her Bible. At the end of the night, remember to pray as a group that Jesus would work in the lives of the people on the bookmarks.

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Mark 2:4-5 (NIV)



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