



## **Stand Unshaken**

With Kendra Rock,  
Southwest Division Coordinator  
of Mom in Prayer International

To view the accompanying video, go to  
<https://momsinprayer.org/stand-unshaken-bible-study/>

*Intercessory prayer is praying for others. Believers have the privilege of inviting God to intervene in someone's life in a positive way through prayer. The Bible is filled with powerful verses that can be prayed for you and your loved ones. We know the Word of God changes the heart of man. This week's study walks through intercession and offers you the opportunity to identify important scriptures to pray over your children, your loved ones and yourself.*

1. Read **Hebrews 7:25; 1 Timothy 2:1; Romans 8:26** and **Romans 8:34**.

Who is interceding for us before God?

For whom are we instructed to intercede?

2. What situations and concerns are on your heart regarding your children? What situations and concerns are on your heart regarding your loved ones? What situations and concerns are on your heart regarding yourself? Do you have specific prayer requests for them? Make a list.

3. Do you pray for requests for your children or loved ones that you aren't sure are even God's will for them? *Lord, let him get into "this" college. End the relationship with "this" girlfriend. Don't let him choose "that" career.* It is easy to pray for outcomes we want to happen rather than seeking God's best for them. Sometimes we mistake praying *our will* for *God's will*. Has this been true for you? What instruction does **1 John 5:14** give us for our prayers?
  
4. When we pray in accordance with God's will, we have the assurance He hears and answers us. What other instruction are we given regarding prayer in **James 1:5-6**?
  
5. What truths are contained in the verses below that challenge you to pray God's Word over yourself or others?  
**Hebrews 4:12**  
  
**Jeremiah 23:29**  
  
**Isaiah 55:11**  
  
**2 Timothy 3:16-17**
  
6. Read **Matthew 4:1-11**. How did Jesus respond when tempted in the wilderness?

7. Read **Matthew 20:29-34**. Pay special attention to verse 32. How can you be more specific in prayer?
8. Consider the following circumstances and concerns. Choose the ones you would like to begin interceding for on behalf of your children, a loved one and yourself. These are only a few to get you started. Add any others that come to mind.

*Salvation (Romans 10:9; John 3:16)*

*Love for God's Word (Psalm 119:105)*

*Courage (Deuteronomy 31:6)*

*Honesty (Proverbs 12:22)*

*Good friends (Proverbs 13:20)*

*Attitude (James 1:19)*

*Self-control (Galatians 5:22-23)*

*Purity (Psalm 51:10)*

*Words (Ephesians 4:29)*

*Gratitude (Ephesians 5:20; Colossians 2:7)*

9. Now write the scripture(s) you chose as a prayer. Below is an example of how you can use God's Word for your child. Keep this list (and other scriptures you added) in sight this week.

**Example:** *Praying for good friends*

*Proverbs 13:20 — Walk with the wise and become wise, for a companion of fools suffers harm.*

*Lord, help my child, \_\_\_\_\_, to choose wise friends so he will become wise. Keep him from selecting friends who make foolish choices and potentially lead him into harm.*

10. Read **Matthew 18:19-20; Ecclesiastes 4:9-12 and Galatians 6:2.**

Based on these verses, how is praying with someone or with a group beneficial to you?

What are some practical ways that praying with another benefits you?

11. What has God shown you through the study of intercessory prayer? How will this change your prayer life?

---

*Father, Your Word is alive and active. It is God-breathed and is useful for teaching, rebuking, correcting, and training in righteousness, so that I may be equipped for every good work. I pray Your Word is a lamp unto my feet and a light unto my path. Help me to lead my children to Your heart as I pray Your Word over them. Amen.*

---

**Action Item**

***Purposefully intercede this week for your child or loved one by putting their name in a verse based on a specific request.***

***May \_\_\_\_\_ keep her eyes always on the Lord, with Him at her right hand, she will not be shaken. From Psalm 16:8***

**Notes for Small Group Discussion:**

1. Briefly share your thoughts on the video.
2. Briefly talk about spiritual concepts you learned.
3. Share with your group a choice you need to make that will honor God.
4. Consider practical ways to find accountability with these truths.

*This resource is made available for individual use. No part of this study may be copied or distributed in conjunction with any another work or compilation. It may not be posted to any other website. Videos made possible by Arise Ministries, a global outreach to single moms. [Ariseministries.net](http://Ariseministries.net)*

*For more information on Mom in Prayer International, visit [MomsinPrayer.org](http://MomsinPrayer.org).*