



Four Steps of Prayer

Start and end on time Materials needed: Bible, *Moms in Prayer International Booklet*, pen and a prayer sheet (found in the center of the *Booklet* and on our website www.MomsInPrayer.org)

Praise (estimate 8-10 minutes)

Instruction

Leader: Select an attribute, name or character of God as a topic of focus for your prayer hour. Use definitions. Give Scripture(s) which will further describe and define. The leader may assign moms different verses to read.

Prayer

Focus on the one attribute chosen by praying in one accord. For example, "Dear Heavenly Father, we praise You for being _____." Remember, this is not Thanksgiving, stay focused on the character of God—who He is.

Silent confession (estimate 2-3 minutes)

Transition prayer

Leader: "Father, in Your word You tell us that You know everything and that nothing is hidden from You. You tell us if our heart does not condemn us, we have confidence before You; and whatever we ask we receive from You (1 John 3:21b-22 NASB). Therefore, Father, search our hearts and tell us if there is anything that is displeasing to You."

Thanksgiving (estimate 5-8 minutes)

Transition prayer

Leader: "Father, we thank You for the forgiveness of our sins, and now we want to thank You for how You have answered our prayers." Include the answers to previous prayer requests as others join in one accord. Thanksgiving only, no requests!

Intercession (estimate 30-40 minutes)

Instruction (estimate 3 minutes)

Leader: Give one Scripture to pray for the children. Each mom uses the same Scripture and each mom prays for one of her children. Also, give the Scripture and/or topic to pray for the teachers, the school concerns and the Moms in Prayer concerns, which are available at www.momsinprayer.org/resources/prayer-calendar. Form groups of two or as comfortable.

Intercession for our own children (estimate 10-15 minutes)

Pray scripturally—Pray for one child at a time, placing the child's name in Scripture. Pray back and forth until the Holy Spirit leads you to pray for the other child using the same Scripture.

Pray a specific request—Pray for one child at a time.

Intercession for teachers (estimate 5 minutes)

Urgent prayer requests for specific teachers should be given to the leader, preferably before the Moms in Prayer meeting, or introduce them in prayer, i.e. teacher in hospital.

Pray scripturally and/or topically—Each pair of moms may pray for her child's teacher and/or one teacher from the faculty list. Pray also for the urgent prayer requests.

Intercession for school concerns (estimate 10 minutes)

Give topics or concerns. Group members should share school concerns with the leader before beginning or introduce them in prayer.

See **Prayer Suggestions** in the *Booklet*.

Intercession for Moms in Prayer (estimate 5 minutes)

Give topics or concerns. Here are some suggestions:

- Pray for the group's integrity, confidentiality and unity.
- Pray for your area coordinator, state coordinator and regional director.
- Pray for Moms in Prayer headquarters.
- Pray for more volunteer help for the Moms in Prayer ministry—locally, nationally and internationally.
- Pray for the financial needs of the ministry.
- Pray for protection and wisdom for the Moms in Prayer international directors and country coordinators.