



Special Needs *Praying Moms*

When our son was between five and ten years old, I considered parenting a child with **special needs a long and lonely journey**. Daily living took more time with him, plus he had numerous appointments with doctors, therapists and teachers. His inappropriate loudness in the library made us unwelcome there, and our daughter wondered if she was “special” enough to get the attention she longed for. My prayer life dwindled into “popcorn prayers” of “Lord, help me with _____.”

Moms in Prayer has given me a community of moms that is purposeful, with a small investment of time. And it has changed how I pray!

How—Four Steps of Prayer

1. **Praise.** God challenges me to remember Whom I’m praying to, as we reflect on verses about one of God’s particular attributes each week.
2. **Confession** reminds me that I am NOT like God, cannot handle life on my own, and am dependent on Him for wisdom, strength and provision.
3. **Thanksgiving** cultivates a grateful heart, as I look for people and things to be thankful for in between meetings.
4. **Intercession** starts by praying the Scriptures and often changes what I ask for.

Who and Why

Moms support each other to pray for: 1) our own children; 2) teachers, staff and students at our children’s schools; 3) one of the Moms in Prayer International ministry’s needs since we are part of a worldwide community of praying moms.

What

Before praying specific requests, we pray Scripture for our children related to the attribute of God earlier in the prayer time.

Here are two examples. (Insert your child's name.)

God is our Burden Bearer:

Heavenly Father, may _____ cast all his/her anxieties on You, knowing that You care for _____. (From 1 Peter 5:7)

God is Immanuel:

Dear LORD, may _____ understand that you indeed are going before him/her. You will be with _____, and you will not fail _____ or abandon him/her. May _____ be strong and courageous, instead of being afraid or discouraged. (From Deuteronomy 31:8)

For more information or to find other moms to pray with, contact:

Tricia Han, Moms in Prayer USA Special Needs Liaison, SpecialNeeds@MomsInPrayer.org

Find us on Facebook at **Moms in Prayer - Special Needs**

Moms in Prayer International **MomsInPrayer.org**