



## ***The Power of Praise***

With Sally Burke,  
President of Moms in Prayer International

To view the accompanying video, go to  
<https://momsinprayer.org/power-of-praise-bible-study/>

**Group Discussion Question:** *How has praise changed your thought life as you've spent time in this study?*

1. Praise fixes our eyes on God and states what's true about Him. It honors God for who He is and puts Him in His rightful place as ruler over us. As we praise we can sense our burdens being lifted off of us as they grow smaller and our God is growing bigger. It's focusing on the gifts and the blessings and the honor He deserves.  
– Excerpts from the Moms in Prayer –Training Channel Podcast

In the video Sally comments, "Praise will stimulate your faith." How does your faith (complete trust or confidence) in God grow as you praise Him?

2. The word doxology is a Greek word that is made up of the word *doxa* which means honor or glory and *logia* which means language or speak. When I was young we would stand at the beginning of each church service and sing one of the most famous doxologies.

*Praise God from whom all blessings flow,  
Praise Him all creatures here below,  
Praise Him above ye heavenly hosts,  
Praise Father, Son, and Holy Ghost,  
Amen.*

This is actually the refrain of a longer hymn written by Thomas Ken for the boys at the school where he was chaplain in 1674. Ken wrote the song for the children to sing throughout the day, as a way of disciplining themselves for continual worship. What are the ways you offer expressions of praise to God throughout your day?

3. We can get a glimpse into heaven from Isaiah in the Old Testament and John in the New Testament. Praise is taking place in both instances. Read through these scriptures and note the attributes of God that the angels expressed in praise.

#### **Isaiah 6:1-4**

#### **Revelation 4:8-11**

4. Moms in Prayer Founder Fern Nichols says, **“Praise is a lifelong treasure-finding journey of getting to know our God.”** The language of praise does not need to be perfect, polished or advanced; it’s just honest. As you read about the life of David in the Bible we see some of the highs and lows of his journey through life and his honest relationship with God. It’s estimated that David wrote Psalm 103 later in his life as he reflected back over it.

**Read Psalm 103** and write down a few ways that David praised the Lord which stand out to you.

5. Praise is more than a ritual, it is a relationship. When you talk with someone you naturally get to know them and, of course, we talk to God through prayer.

“As we begin by praising our Savior, we are reminded of His mercy and power over sin. There is no sin too big for Him to forgive, and there is no request that He can’t answer in His perfect timing and according to His perfect will. As we come to know Him through praise, we grow in the Lord, in His strength, in His power, in His love and in His peace. We become more Christ-like, allowing God to empower us to accomplish His mighty purpose.”

*-Start with Praise, Living Empowered Through Prayer by Sally Burke*

As we conclude the Bible study, take a few minutes and write down a prayer of praise to God. Pour out your heart to Him by starting with praise.

**My Prayer of Praise:**



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